Figure I: Themes and categories that emerged from the data

**Theme 1:**

**Changes in functioning**

**Changes in physical functions**

**Changes in cognitive functions**

**Changes in social functions**

**Changes in tasks underpinning learner role**

**Theme 2:**

**Personal resources**

**Personal coping strategies**

**Personal attributes**

**Theme 3:**

**Enabling external support structures**

**Support in home**

**Support in school**

**Theme 4:**

**Gaps in support structures**

**Lack of continuous support as work demands increase**

**Lack of implementation of accommodations within the school context**

**Learners lack of active involvement in the planning of their primary to secondary school transition**