**Table with authors and roles**

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| **Author** | **Role** |
| Dr Tania Rauch van der Merwe | Supervisor of the project 2016-2018Main author, conceptualised the study and led the project. Re-conceptualised discussion.Submission and resubmission of article |
| Lindie Basson | Each co-author contributed about equally in the original construction of the article as well as working with many of the comments. They diligently met weekly (virtually) before the re-submission. I am in awe of their commitment  |
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