**Multiple choice Questions.**

1. What scale reported that South Africans diagnosed with MDD had 90% global role impairment?
2. Major Depressive Disorder Scale (SMDDS)
3. Sheehan Disability Scale
4. Hamilton Depression Rating Scale
5. PHQ Depression Scale
6. Hospital Anxiety and Depression Scale

2. Which are the symptoms **most** indicative of this disorder?

a) recurrent suicidal thoughts

b) feelings of worthlessness

c). depressed mood

d) ability to engage in interpersonal relationships

e) loss of interest in pleasurable activities

1. Which model suggests that ongoing and unresolved stress contributes to relapse in patients with MDD?
2. The Recovery Model
3. Integrated Model for Depression
4. Both
5. Neither
6. Literature reports that following an episode of MDD the re-stablishing of social contacts and social isolation can contribute to a relapse
7. True
8. False
9. Understanding the MHCUs views and perceptions of the factors influencing their function recovery is useful evidence for modifying an in-patient occupational therapy programme.
10. Statement is false
11. Statement is true

6. Participants in this study reported requesting early discharge from hospital due to:

a) stigma

b) anxiety about the cost of the hospitalisation

c) pressure from their family members

d) they could get better quicker at home

e) the hospital environment was making them sicker

7. Participants reported that on the first admission they did not engaged fully with the occupational therapy programme because:

a) the purpose was not fully explained

b) their own lack of insight

c) they felt they needed to rest and be alone

d) they were anxious and unsure

e) thought they had to pay for each session

8. Participants reported it was only when they were discharged and at home that they realised that medication was not the cure:

a) they needed to change

b) others needed to change

c) the environment needed to change

d) stressors had not changed

e) all of the above

9. Participants reported that the skills they had learnt and committed to in the occupational therapy programme were:

a) easy to implement

b) challenging to implement

c) did not really apply to their context

d) unnecessary as they were expecting to be well on discharge

e) compromised by their continuing symptoms of MDD after discharge

10. One of the main findings of this study was that ‘functional recovery’ is sufficiently considered at discharge.

a) True

b) False