1. Although literature on medical compliance is abundant, evidence on compliance in hand rehabilitation does not exist
   1. True
   2. False\*
2. The following term has been recommended within hand rehabilitation literature to describe patient’s active involvement in the rehabilitation process:
   1. Compliance
   2. Adherence \*
   3. Concordance
   4. None of the above
3. The World Health Organisation’s (WHO) Multi-dimensional Adherence Model (MAM) is considered appropriate for application to hand rehabilitation compliance
   1. True\*
   2. False
4. The dimensions described by the MAM are (choose all that apply):
   1. Health care team and health system factors \*
   2. Social and economic factors\*
   3. Condition-related factors\*
   4. Therapy-related factors\*
   5. Patient-related factors\*
5. Participants in the study believed that *powerful collaboration* between patient and therapist is essential to enabling compliance and involved
   1. Shared power and collaboration
   2. Authentic, client-centred services
   3. Function-focused intervention
   4. All of the above\*
6. *The life and times of an injured hand* was a theme that spoke to the need for therapists to understand
   1. The lives of their patients and the context in which they function
   2. Various personal factors including motivation
   3. The support available to patients
   4. The broad impact of a fractured society on patients lives and ability to comply
   5. All of the above\*
7. *Communication for collaboration* was a theme that spoke to (choose all that apply):
   1. The centrality of effective communication to a collaborative patient-therapist relationship\*
   2. Communication that can only be deemed successful when patients understand and have realistic expectations of the rehabilitation process\*.
   3. Therapists being able to speak all official South African languages
8. The theme, *systems and services that work* implied the need for (choose the item that *does not* apply):
   1. The removal of the disability grant due to its adverse effects on patient compliance\*
   2. Competent clinical services to enable compliance
   3. A well coordinated multi-disciplinary team
   4. Efficient systems and services
9. Themes in the study suggest that compliance is mostly affected by patient-related factors which are difficult to change:
   1. True
   2. False\*
10. The author recommends
    1. A change in the term from compliance to adherence within hand rehabilitation
    2. A change in the term compliance to concordance within hand rehabilitation
    3. Critical reflection and conversations around the philosophical assumptions that underpin the terms that we use\*