| Question | Options | Correct answer |
| --- | --- | --- |
| 1. Rugby is a contact sport played by a small group of individuals therefore it is not a concern of occupational therapists | a. True |  |
| b. False | X |
| c. |  |
| d. |  |
| 2. What programme was developed in south Africa to reduce rugby injuries? | a. BokSafe |  |
| b. SchoolSafe |  |
| c. RugbySmart |  |
| d. BokSmart | X |
| 3. Concussion in schoolboy rugby is underreported because of… | a. The fear boys have of being injured |  |
| b. The impact it may have on playing in provincial teams | X |
| c. They do not realise they are concussed |  |
| d. They do not want to be seen as weak |  |
| 4. Concussion symptoms are guaranteed to improve within 2 weeks after the injury. | a. True |  |
| b. False | X |
| c. |  |
| d. |  |
| 5. Long term complications from concussion to the developing brain may include: | a. personality changes including aggression |  |
| b. concentration difficulties |  |
| c. changes in ADL and iADLs |  |
| d. a and c only |  |
| e. all of the above | X |
| 6. After a concussion the following changes can occur: | a. neuronal depolarization | X |
| b. release of inhibitory neurotransmitters |  |
| c. increased blood flow |  |
| d. none of the above |  |
| 7. AOTA has provided evidence that occupational therapists should be involved in… | a. Identifying occupational dysfunction post-concussion | X |
| b. provide intervention only if symptoms progress more than 3 months |  |
| c. both a and b |  |
| d. neither a or b |  |
| 8. The approach strategies used in the treatment of schoolboy concussion includes: | a. Only Restore and Modify |  |
| b. Only Prevention |  |
| c. Establish/Restore, Maintain, Modify (compensate) and Prevent which | X |
| d. Restore, modify, prevent and promotion |  |
| 9. Modifications post-concussion should include: | a. environmental |  |
| b. activity based |  |
| c. the learner, parents and teachers |  |
| d. all of the above | X |
| e. none of the above |  |
| 10. The role of an occupational therapist in post concussive therapy includes: | a. only return to school concerns |  |
| b. environment adaptations for sensory stimuli |  |
| c. Treatment of all occupational performance areas that have been affected | X |
| d. An OT should refer to a neuropsychologist and not treat a concussed client |  |