Multiple choice questions:

1. Occupation based hand therapy is an approach to practice that integrates multiple frames of reference, while remaining rooted in an occupational therapy perspective
2. TRUE
3. FALSE
4. The International Classification of Functioning Disability and Health (ICF) considers the person and the health condition within a specific environment, influenced by contributing personal factors.
5. TRUE
6. FALSE
7. Amini described an occupation based approach to hand therapy as a balance between the significance of occupation as a treatment modality and the use of biomechanical approaches and principles.
8. TRUE
9. FALSE
10. Occupation based approaches do not negate the role and impact of the biomechanical frame of reference in the treatment of clients with hand conditions, but rather promotes the use of occupation in conjunction with biomechanical approaches.
11. TRUE
12. FALSE
13. Therapists should use a biomechanical approach until it fails and only then start using an occupation based hand therapy approach.
14. TRUE
15. FALSE
16. Colaianni & Provident and Grice explored a variety of reasons for therapists not adopting OBHT approaches in routine hand therapy practice in their respective research in which both qualitative and quantitative approaches were employed. Which of the aspects mentioned below were findings from their research?
17. Time
18. Logistical issues
19. Credibility
20. Therapist preference
21. All of the above
22. The authors propose the following barriers to occupation base hand therapy approaches within the South African context:
23. Insight
24. Time
25. Credibility
26. Language
27. In order to adopt an occupation based approach to hand therapy, client centred assessment tools should be used, including but not limited to:
28. Patient rated outcome measures
29. Semmes Weinstein monofilament
30. Goniometry
31. Manual muscle testing
32. Therapists should continue to employ biomechanical approaches, but make a transition to include occupation based approaches in routine hand therapy practice.
33. TRUE
34. FALSE
35. The domains of activity and participation are at the core of occupational therapy services, and therefore it is our responsibility to ensure that hand therapy practice is occupation based.
36. TRUE
37. FALSE

ANSWERS:

1. True
2. True
3. True
4. True
5. False
6. e)
7. b) and d)
8. a)
9. True
10. True