**Multiple-choice questions: breastfeeding**

1. The infant feeding practice of breastfeeding is recognised as the greatest strategy in combating malnutrition and alleviating child mortality.

**True** False

1. Globally, malnutrition is the leading cause of child mortality.

**True** False

1. The Infant and Young Child Feeding Policy (IYCFP)1 is an initiative that demonstrates South Africa's commitment towards promoting child health, and provides clear guidelines regarding feeding the infant in the context of HIV.

**True** False

1. According to the Occupational Therapy Practice Framework (OTPF) Domain and Process, 3rd edition, breastfeeding is considered as one of the "instrumental activities of daily living".

**True** False

1. Within the broad range of instrumental activities of daily living (IADLs), breastfeeding is specifically classified as a "child rearing activity", defined as "providing care and supervision to support the developmental needs of a child".

**True** False

1. The Delphi technique seeks consensus on a certain topic among a panel of experts where there is limited evidence on a topic

**True** False

1. As we enter a post-millennial era, actions are intensified through initiatives such as the Sustainable Developmental Goals.

**True** False

1. South Africa has aligned itself with the first two pillars by forming policies such as the Tshwane Declaration and the Infant and Young Child Feeding Policy (IYCFP) that recognise the urgency of improving breastfeeding rates.

**True** False

1. A population-based health approach enables OTs to deliver cost- and time-effective services to a larger population group when compared to one-on-one intervention.

**True** False