**MULTIPLE CHOICE QUESTIONS**

1. How was the working posture of the participants assessed?
2. By using the neck posture
3. By measuring the angle of the inclination of the back
4. By measuring the craniovertebral angle
5. By using REBA score
6. The prevalence of work related musculoskeletal disorders of the neck is
7. 50.3%
8. 49.3%
9. 69.3%
10. 59.3%
11. An ideal posture
12. Is unstable
13. Is dynamic at rest
14. Maximize energy cost
15. Minimize strain on tissue
16. The Rapid Upper limb Assessment Worksheet is used for assessing the position of the
17. Upper limb and lower limb
18. Upper limb and neck
19. Upper limb and trunk
20. Upper limb and lower back
21. The study in the article was carried out for a period of
22. 12 weeks
23. 8 weeks
24. 4weeks
25. 6weeks
26. How many parameters were assessed for each participants
27. 2
28. 3
29. 4
30. 5
31. The plumb line was set at …….. away from the participants work station.
32. 2 metres
33. 1 metre
34. 3 metres
35. 4 metres
36. The mean value of the body mass index is
37. 28.59± 5.5 Kg/m2
38. 25.59± 5.5 Kg/m2
39. 27.59± 5.5 Kg/m2
40. 24.59± 5.5Kg/m2

1. The point prevalence of low back pain of the participants was
2. 41.3%
3. 31.3%
4. 61.3%
5. 51.3%
6. Paired t-test showed that there was no significant difference in the CVA of participants with
7. Hand pain
8. Shoulder pain
9. Low back pain
10. Neck pain