**LEADERSHIP: THE KEY TO PERSON-CENTRED CARE**

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| **MULTIPLE CHOICE QUESTIONS** |
| 1. **Person-centred care means:**

a) knowing about the personal preferences of clientsb) respecting the personal preferences of clients by documenting them in the client's filec) putting yourself in the shoes of the client to ensure that choices offered are personal and appropriate |
| Answer: c |
| 1. **Institutionalisation in a residential care facility is fuelled by:**
2. old age and impaired abilities to participate in activities
3. the organisational culture of care
4. the caregivers working in the residential care facility
 |
| Answer: b |
| 1. **In the new culture of care, residential care facilities should be regarded as:**
2. a place of work
3. a medical facility
4. a home
 |
| Answer: c |
| 1. **The *three plaques* affecting elderly people(loneliness, helplessness and boredom) are more severe for people with advanced dementia due to:**
2. the progressive nature of the disease, cognitive decline and continuous loss of abilities
3. less contact and meaningful communication with their families
4. a decline in positive emotions such as satisfaction associated with achievement
 |
| Answer: a |
| 1. **The concept of servant leadership suggests:**

a) prioritising and addressing the physical needs of food, warmth, shelter and safety.b) ensuring that each follower reaches his/her full potentialc) that the leader takes total control |
| Answer: b |
| 1. **Low morale and burden of care experienced by the caregivers of residents with dementia can be counteracted by:**
2. in-depth practical knowledge and skills of PCC and dementia-specific care
3. engaging in activities that provides opportunity to channel their negative emotions
4. socialising with the residents and other caregivers
 |
| Answer: a |
| 1. **The main focus of servant leadership is:**

a) to lighten the burden of responsibilities of the caregivers through establishing a controlling routine for them to followb) to meet the basic physical needs of the caregivers so they can extend this service to othersc) to develop, nurture, empower and support caregivers and expecting them to extend this service by serving others in the same way |
| Answer: c |
| 1. **The safety of the residents:**
2. should always be the first priority in caring for residents
3. should be a priority, but it should not restrict the residents’ opportunity to interact with the environment
4. allows undermining the personhood of the residents
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| Answer: b |
| 1. **Person-centred care should be:**
2. administered after all self-care tasks are finished
3. practised as part of the care routine
4. built around the needs of the residents
 |
| Answer: c |
| 1. **The main responsibility of the residential care facility is:**
2. to ensure that the residents are well-fed, safe and clean
3. to ensure that the residents are cared for according to their personal preference
4. to ensure that the residents are care for according to their personal preference and that caregivers are cared for according to their unique personalities
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| Answer: c |