**Multiple Choice Questions:**

1. Caregiving as an occupation embodies characteristics of being:
2. purposeful and meaningful
3. duty bound and creative
4. time consuming and interesting
5. energy consuming and a burden
6. There is evidence to show that the primary caregiver of a child:
7. has to have experience in caregiving
8. has a huge influence on the child’s occupational participation
9. has to have knowledge into the child’s condition
10. has no influence on the child’s quality of life
11. Alongside the consequences of mental illness and stress, there is evidence indicating the reduction of the primary caregiver’s:
12. Sense of self
13. Creativity
14. Social circle
15. Quality of life
16. Well-being is closely related to psychological dimensions whereas quality of life is seen as a broader, multi-dimensional concept that relates to the individual’s perception of their life and satisfaction and is closest to the concept of health.
17. True
18. False
19. Findings of research into caregiving justifies the need for the caregiver to be considered as the:
20. The advocate
21. Stronger person
22. “Silent client”
23. Last person in the team needing intervention
24. Caregivers tend to neglect their own health and are subsequently in need of intervention.
25. True
26. False
27. What research design did this study employ?
28. A quantitative research design
29. A qualitative research design
30. A cross-sectional survey design
31. An ethnographic study design
32. The sample size for this study was:
33. 59
34. 45
35. 30
36. 61
37. The interventions specifically directed towards the primary caregivers included:
38. Stress management
39. Networking with other primary caregivers
40. Provision of support and hope
41. All of the above
42. There were ……… topics covered that included activity and participation that would potentially increase the child’s occupational participation.
43. 25
44. 30
45. 2
46. 15

**Answers:**

1. a
2. b
3. d
4. a
5. c
6. a
7. c
8. d
9. d
10. a