1. Being a cricketer is an important part of who I am.

2. Cricket is the most important part of my life.

3. I spend more time thinking about playing cricket than anything else.

4. I could become depressed if I could not play cricket anymore.

5. Other people see me as a cricketer.
6. Currently, to what extent do you feel you have the following:

- Resources for financial advice and planning

   - Not at all
   - Some extent
   - Moderate extent
   - Considerable extent
   - Great extent

- Resources for Emotional Support

   - Not at all
   - Some extent
   - Moderate extent
   - Considerable extent
   - Great extent

- Resources for Career Advice

   - Not at all
   - Some extent
   - Moderate extent
   - Considerable extent
   - Great extent

- Resources for Study Advice

   - Not at all
   - Some extent
   - Moderate extent
   - Considerable extent
   - Great extent

7. If my cricket career ended today, I will be emotionally prepared to handle the career transition.

   - Strongly Disagree
   - Disagree
   - Neutral
   - Agree
   - Strongly Agree
8. If my cricket career ended today, I will be financially prepared to handle the career transition.

9. If my cricket career ended today, I will have the necessary motivation and skills to find meaningful employment.

10. If my cricket career ended today, I will be financially stable for the next 6 months.

11. I am afraid of changes that will be generated from transitioning out of playing professional cricket.

12. I am afraid of not being able to adapt to another job.
13. I am concerned about my mental health after retiring from professional cricket.

14. I am concerned about my physical health after retiring from professional cricket.

15. I am afraid of no longer having contact with the world of professional cricket after retiring.

16. I am looking forward to setting new professional career goals after retirement.

17. I am looking forward to working on new projects (outside of playing cricket).
18. I am looking forward to spending time on other interests (outside of cricket).

19. I still enjoy playing professional cricket.

20. I feel I am too young to retire from professional cricket.

21. I am dissatisfied with the current cricket structures.

22. I received assistance in preparing for the end of my cricket career.
SACA Career Transition Screening Tool
(Preparation for Landing)

PDM Notes:

Potential Actions: