

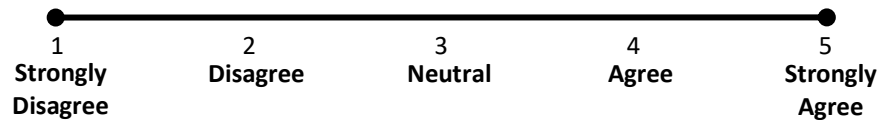
SACA Career Transition Screening Tool (Preparation for Landing)

Player Name:

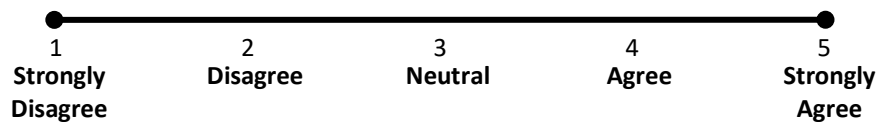
Team:

Date:

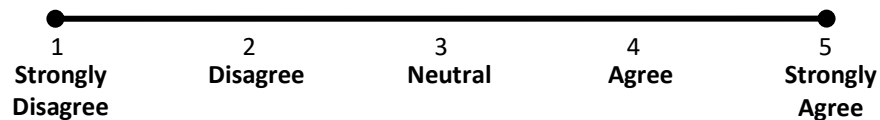
1. Being a cricketer is an important part of who I am.



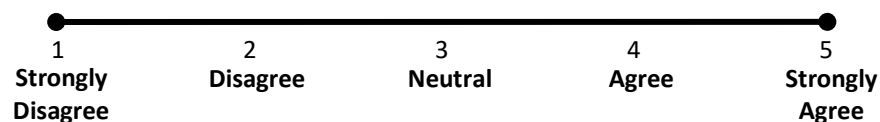
2. Cricket is the most important part of my life.



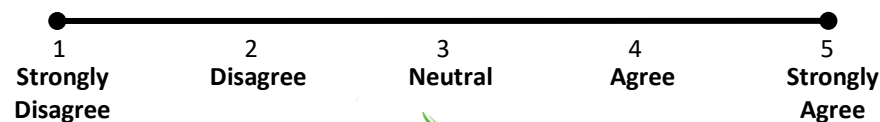
3. I spend more time thinking about playing cricket than anything else.



4. I could become depressed if I could not play cricket anymore.



5. Other people see me as a cricketer.



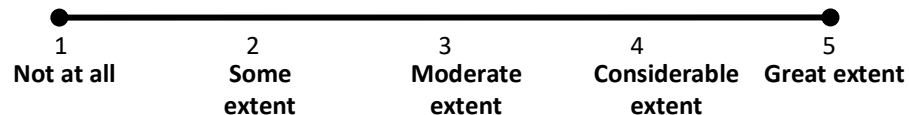
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6. Currently, to what extent do you feel you have the following: -

Resources for financial advice and planning



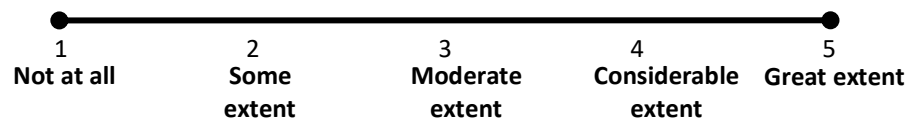
Resources for Emotional Support



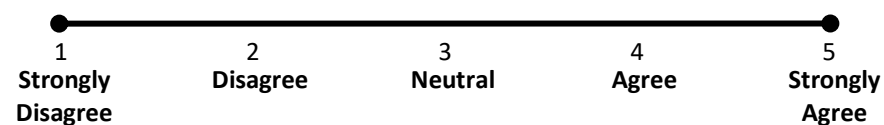
Resources for Career Advice



Resources for Study Advice



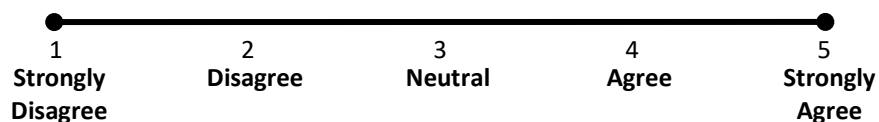
7. If my cricket career ended today, I will be emotionally prepared to handle the career transition.



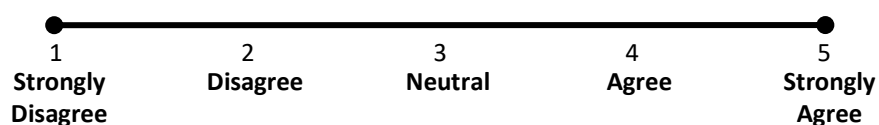
SACA Career Transition Screening Tool

(Preparation for Landing)

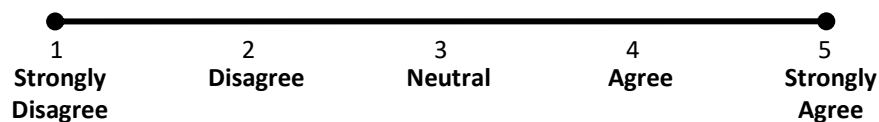
8. If my cricket career ended today, I will be financially prepared to handle the career transition.



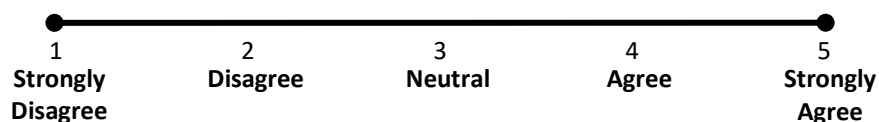
9. If my cricket career ended today, I will have the necessary motivation and skills to find meaningful employment.



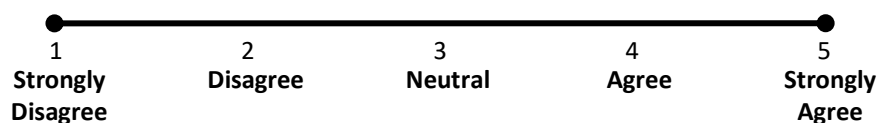
10. If my cricket career ended today, I will be financially stable for the next 6 months.



11. I am afraid of changes that will be generated from transitioning out of playing professional cricket.

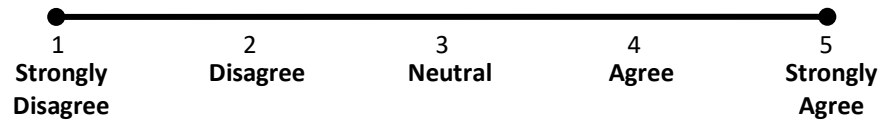


12. I am afraid of not being able to adapt to another job.

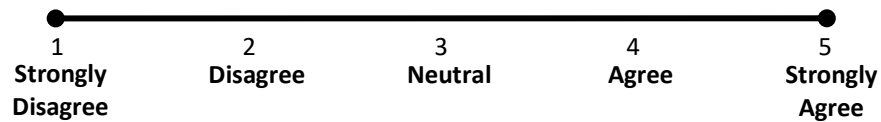


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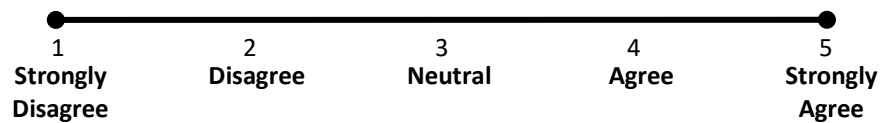
13. I am concerned about my mental health after retiring from professional cricket.



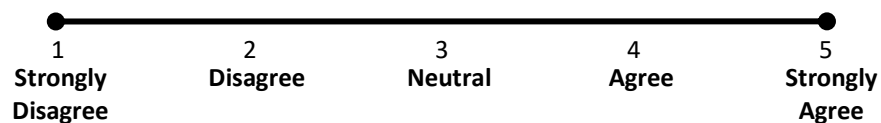
14. I am concerned about my physical health after retiring from professional cricket.



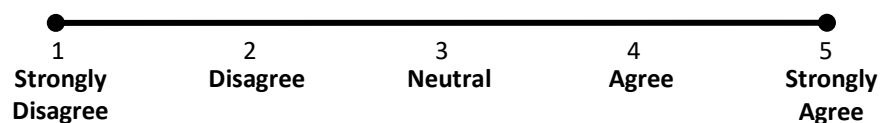
15. I am afraid of no longer having contact with the world of professional cricket after retiring.



16. I am looking forward to setting new professional career goals after retirement.

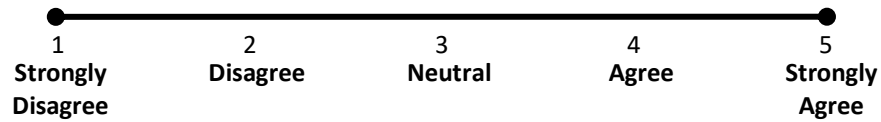


17. I am looking forward to working on new projects (outside of playing cricket).

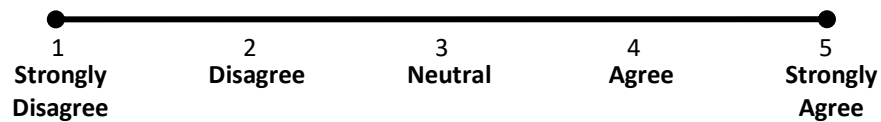


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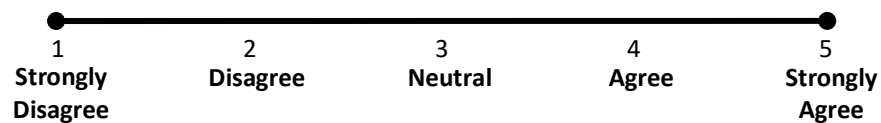
18. I am looking forward to spending time on other interests (outside of cricket).



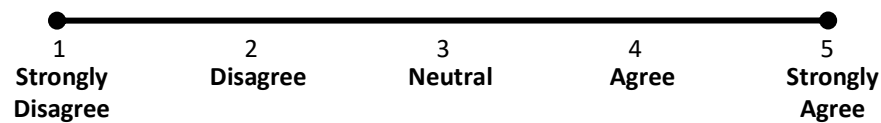
19. I still enjoy playing professional cricket.



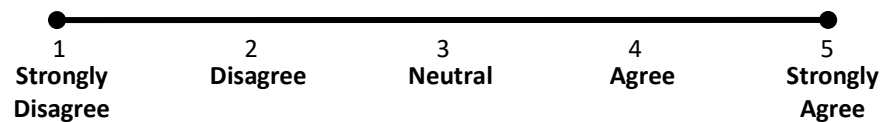
20. I feel I am too young to retire from professional cricket.



21. I am dissatisfied with the current cricket structures.



22. I received assistance in preparing for the end of my cricket career.



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PDM Notes:

Potential Actions:

